

1. "WHY DID YOU DO THAT?"

Instead of accusing, start with curiosity.

2. "I DIDN'T LIKE THAT. CAN WE TRY SOMETHING ELSE?"

Encourage direct communication

3. "THAT HURT MY FEELINGS"

Teach kids to express emotions

SCRIPTS TO HELP SIBLINGS RESOLVE CONFLICTS

4. "CAN WE WORK TOGETHER TO FIX THIS?"

Foster collaborations

5. "NEXT TIME, CAN YOU ASK BEFORE TAKING"

Encourage boundary setting

6. "LET'S MAKE A PLAN SO WE BOTH GET A TURN"

Promote fairness